

1 Finsbury Park Station
In 1861, nine years after King's Cross Station opened, the Great Northern Railway built a halt with wooden platforms here. With this improved transport, the area around Stroud Green Road was largely built up within ten years. The Underground first arrived in 1904.

2 Rowan's Leisure
10 Stroud Green Road, N4
T 020 8800 1950

Ten-pin bowling, snooker, and a health and fitness club only begin the list of activities at Rowan's. Housed in Islington's first purpose-built cinema, details of the 1909 building can still be found.

3 Finsbury Park
Opened in 1869 as a recreation area for the expanding population. The New River, the 1613 aqueduct bringing water to London, flows through one corner. The park is managed now by Haringey Council.

4 North London Central Mosque

5 Fonthill Road
Rag trade factories and showrooms, mainly for wholesale fashion buyers. Open to the public on Saturdays when it's packed with bargain hunters.

6 Wells Terrace
Huge, colourful mural by Tim Davis. Sponsored by local company CIL International to mark the turn of the Millennium.

7 John Jones Art Centre
4 Morris Place N4
T 020 7281 5439
Unexpectedly large shop with world class reputation for art supplies, framing & restoration.

8 New Beacon Books
76 Stroud Green Road N4
T 020 7272 4889
Long-established specialist shop with books on Black Britain, Africa, America & the Caribbean; cards, magazines, & children's section.

9 France Fresh Fish & Chez Liline
101 Stroud Green Road N4
T 020 7263 6550
Quality Mauritanian wet fish shop & award-winning restaurant.

10 Regina Road
Residential street notable for the star-shaped copper roof of Newcourt Christian Centre and for the lush, award-winning gardens at Nos 26 & 28.

11 The Old Dairy
A pub with character in an 1890s building for a dairy established in 1826 and working here until 1968. Seven coloured plaster panels on an outside wall depict milk production and delivery.

12 Crouch Hill Station
Silverlink Metro service to Gospel Oak (for Richmond & Kew) and to Barking.

13 Hanley Gardens
Friendly urban housing & day centre (1986-91) next to St Saviour's Church.

14 Arthur Simpson Public Library
Hanley Road N4
T 020 7527 7800

15 Ormond Road Workshops
25 Ormond Road N19
T 020 7527 7860
Classes & open-access facilities for arts & crafts.

16 Crouch End
Crouch Hill leads down to the shops and cafés of Crouch End, but don't miss the fine view of Alexandra Palace from the top of the hill.

17 Warltersville Road
Variety of recent housing. Hillrise Road leads to the Community Centre.

18 Crouch Hill Community Centre
83 Crouch Hill N8
T 020 7263 0293

Art, music, recreation, toilets and café. Closed Thursdays.

19 Parkland Walk
Green walkway between Finsbury Park, Highgate and Alexandra Palace on a gentle slope along former railway line. Rich woodland for wildlife. Open access at all times; ramped entrances at Finsbury Park, Blythwood Road & Crouch Hill. Toilets & café at Crouch Hill Community Centre. At Crouch End Hill the old station is now a café and stairs lead to the old platforms.

